

Barnsley Academy – Year 7 PSHE and RSE Curriculum Overview

Autumn Term – Living in the Wider World				Spring Term – Health and Wellbeing				Summer Term – Relationships and Sexual Education			
Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days	Class Focus		Votes for Schools Theme	Awareness Days
Week 1		Culture, Media and the Arts	Zero Waste Week <i>Second Hand</i> September	Week 1 *	Healthy Routines: Sleep and Personal Hygiene <i>To understand sleep and personal hygiene have an important role to play in the development of both physical and mental health.</i>	Health and Wellbeing	Big Schools Birdwatch <i>Veganuary - Jan</i>	Week 1 *	Respectful Behaviour and Peer Influence – How to Communicate with Respect <i>To understand that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.</i>	Environment & Climate Change	Earth Day (22 nd) Stephen Lawrence Day (22 nd) St George's Day (23 rd) Stress Awareness Month - April
Week 2 *	Transition to Secondary – Presenting Myself Well <i>To understand the importance of growing independence and personal responsibility in their learning and to know the qualities and skills needed to present themselves as an ambitious, determined and respectful student at Barnsley Academy.</i>	Jobs, Economy and Education	Fairtrade Fortnight World Suicide Prevention Day (10 th) End Digital Poverty Day (12 th) <i>Second Hand</i> September	Week 2		Culture, Media and the Arts	World Religion Day (15 th) <i>Veganuary - Jan</i>	Week 2		Jobs, Economy and Education	International Workers' Day (1 st) <i>Local Community & History Day - May</i>
Week 3		Science and Technology	Fairtrade Fortnight International Day of Democracy (15 th) <i>Second Hand</i> September	Week 3 *	Taking Responsibility for Physical Health: Exercise and Healthy Eating <i>To know the benefits of exercise and healthy eating for our physical and mental wellbeing.</i>	Jobs, Economy and Education	Martin Luther King Day (20 th) International Day of Education (24 th) <i>Veganuary - Jan</i>	Week 3 *	Strategies to Manage Puberty – Being an Adolescent <i>To understand the effect of puberty and peer influence on your behaviour as you grow up.</i>	Community and Charity	VE Day (8 th) <i>Local Community & History Day - May</i>
Week 4 *	Transition to Secondary – Sharing Perspectives <i>To develop the skills needed to work in a team, appreciate others' perspectives and share their own viewpoints respectfully.</i>	Environment & Climate Change	Recycle Week International Day of Peace (21 st) European Day of Languages (26 th) <i>Second Hand</i> September	Week 4		Crime, Justice and Extremism	Holocaust Memorial Day (27 th) Chinese New Year (29 th) <i>Veganuary - Jan</i>	Week 4		Health and Wellbeing	Nurses' Day (12 th) International Day Against Homophobia & Transphobia (17 th) <i>Local Community & History Day - May</i>
Week 5		Equalities and Identity	International Day of Older Persons (1 st) National Poetry Day (3 rd)	Week 5 *	Self Care: Stress, Anxiety and Emotional Changes <i>To understand what stress and anxiety is and how to</i>	Health and Wellbeing	World Interfaith Harmony Week Children's Mental Health Week	Week 5 *	Boundaries – Introduction to Consent	Voters' Choice	World Day for Cultural Diversity, Dialogue and Development (21 st)

			<i>Black History Month (October)</i>		<i>develop strategies to cope and regulate your emotions.</i>		World Cancer Day (4 th) Rosa Parks Day (4 th) Time to Talk Day (6 th) <i>LGBT History Month Heart Month - February</i>		<i>To understand what consent is, why it is needed and when consent cannot be given.</i> LO: H34, R42		<i>Local Community & History Day - May</i>
Week 6 *	Transition to Secondary – Respecting Differences <i>To appreciate the diverse community we live in and to identify and respond to prejudice both on and off-line.</i>	Crime, Justice and Extremism	World Space Week National Hate Crime Awareness Week World Mental Health Day (10 th) International Day of the Girl (11 th) <i>Black History Month (October)</i>	Week 6		Science and Technology	Safer Internet Day (11 th) International Day of Women and Girls in Science (11 th) Red Hand Day for Child Soldiers (12 th) Valentine’s Day (14 th) <i>LGBT History Month Heart Month - February</i>	Week 6		Environment & Climate Change	Volunteer Week World Environment Day (5 th June) World Ocean Day (8 th June) <i>Pride Month – June Gypsy, Roma and Traveller History Month - June</i>
Week 7		Health and Wellbeing	World Food Day and Anti-Slavery Day (both 18 th) <i>Black History Month (October)</i>	Week 7 *	Self-Image and Socials <i>To know that the image people present online is not always correct and how social media can harm and help your own self-image.</i>	Global Issues and Politics	International Mother Language Day (21 st) <i>LGBT History Month Heart Month - February</i>	Week 7 *	Human Sexuality – Understanding Sexuality <i>To know what sexual attraction and sexuality are and that they are diverse.</i> LO: R4, R5	Culture, Media and the Arts	World Day Against Child Labour (12 th) <i>Pride Month – June Gypsy, Roma and Traveller History Month - June</i>
Week 8 *	Transition to Secondary – Factors affecting relationships <i>To understand how a range of circumstances and behaviours can affect our relationships with friends and family.</i>	Global Issues and Politics	UN Day (24 th) <i>Black History Month (October)</i>	Week 8		Jobs, Economy and Education	National Careers Week World Book Day (6 th) International Women’s Day (8 th) <i>Women’s History Month - March</i>	Week 8		Global Issues and Politics	16-20 June Refugee Week Juneteenth (19 th) World Refugee Day (20 th) <i>Pride Month – June Gypsy, Roma and Traveller History Month - June</i>
Week 9		Community and Charity	Diwali (1 st) International Day Against Violence and Bullying at School (2 nd) <i>Islamophobia Awareness Month - Nov</i>	Week 9 *	Substance Use: Vaping <i>To explore the physical and psychological risks and consequences of vaping, including of using vapes with THC.</i>	Community and Charity	Young Carers Action Day (16 th) <i>Women’s History Month - March</i>	Week 9 *	Media Influence – Sharing Explicit Content <i>To understand the law around possessing intimate images, the dangers and how to manage requests for explicit images.</i> LO: R10, R26, R29, R30	Equalities and Identity	Windrush Day (22 nd) <i>Pride Month – June Gypsy, Roma and Traveller History Month - June</i>
Week 10 *	Transition to Secondary - Mental and Emotional Health <i>To reflect on the importance of emotional self-awareness, regulation and resilience and how to build positive relationships through the development of social skills.</i>	Equalities and Identity	Armistice Day Anti Bullying Week World Kindness Day (13 th) Children in Need (15 th) <i>Islamophobia Awareness Month - Nov</i>	Week 10		Equalities and Identity	St Patrick’s Day (17 th) Global Recycling Day (18 th) International Day of Happiness (20 th) World Poetry Day (21 st) International Day for the Elimination of	Week 10		Community and Charity	Plastic Bag Free Day (3 rd) <i>Plastic Free July Samaritans Awareness Raising Month</i>

	Anti Bullying Week 2024 – Choose Respect						Racial Discrimination (21 st) Women's History Month - March						
Week 11		Global Issues and Politics	Road Safety Week UK Parliament Week International Men's Day (19 th) Islamophobia Awareness Month - Nov	Week 11 *	Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Crime, Justice and Extremism	World Water Day (23 rd) Women's History Month - March	Week 11 *	Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Crime, Justice and Extremism	Plastic Free July Samaritans Awareness Raising Month		
Week 12 *	Transition to Secondary – Risky Behaviour <i>To understand the short and long term consequences of risk taking behaviours, including peer influenced actions.</i>	Environment & Climate Change	National Tree Week International Day for the Elimination of Violence Against Women (25 th) Islamophobia Awareness Month - Nov	Week 12		Culture, Media and the Arts	International Transgender Day of Visibility (31 st) Women's History Month - March	Week 12		Voters' Choice	Plastic Free July Samaritans Awareness Raising Month South Asian Heritage Month (18 th July – 15 th August)		
Week 13		Science and Technology	International Day of Persons with Disabilities (3 rd) International Volunteer Day (5 th) Day of Hope (7 th)	* = Week of PHSE & RSE (one lesson French, one lesson PSHE & RSE) No * = Two lessons of French only									
Week 14 *	Active Citizenship Project <i>To present the termly Active Citizenship Project and to reflect on its effectiveness.</i>	Voters' Choice	Human Rights Day (10 th)										
Week 15		Community and Charity	International Human Solidarity Day (20 th)										
Assessment/Homework	<p>Throughout the term, students complete their Active Citizenship Project designed to address or improve an issue they feel strongly about in our society. Students are given a grade between 1-4 based on both their group contribution and individual personal reflection. The success criteria can be found in the PSHE & RSE Curriculum Guide and is visible to all students in lessons. The project is broken down into stages to support with student planning:</p> <p>Stage 1: Identify an issue, form a team and carry out initial research. Stage 2: Undertake primary research. Stage 3: Represent their own and different points of view. Stage 4: Plan the action. Stage 5: Apply skills of collaboration, negotiation and influence whilst delivering the activity. Stage 6: Critically evaluate the learning and impact of the action.</p> <p>As well as aiming to develop teamwork, communication and reflection skills, the Active Citizenship Project is designed to support students' understanding and delivery of the required project in GCSE Citizenship.</p> <p>In class white board checks Messy mark book data used for Do Nows and assessment for CtG. Circulation and live marking under the visualiser used to CtG live in lesson and inform messy mark books.</p> <p style="text-align: right;">* = week of PHSE & RSE therefore one French lesson instead of two</p>												